

# Ch7-Lab: Cognitive Performance & Aging

\*1. Examine the pattern of correlations among the variables. Anything surprising?  
CORR cog TO health /STAT.

	Mean	Std. Deviation	N
cog	99.63500	11.907169	200
age	48.74500	14.593314	200
exer	24.57500	3.923179	200
health	4.00350	.346610	200

$SS_{TOTAL}$

	cog	age	exer
age	-.170		
	.016		
exer	.179	.748	
	.011	.000	
health	.352	-.240	.194
	.000	.001	.006

\*2. Determine the best-fit regression equation using all three predictors.  
REGRESS /DEP = cog /ENTER health exer age /SAVE PRED(prdc.he) RESID(resc.he).

Model	R	R Square
1	.496	.246

$\sqrt{SS_{Reg} / SS_{TOTAL}}$

$1 - R^2 = .754$   
 $\sqrt{\quad} = .868$

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	6930.910	3	2310.303	21.276	.000
	Residual	21283.445	196	108.589		
	Total	28214.355	199			

$H_0: \rho_{c,HEH} = 0$

Model		Unstandardized Coefficients		Standardized Coefficients		t	Sig.
		B	Std. Error	Beta			
1	(Constant)	66.246	9.872			6.711	.000
	health	2.839	2.698	.083		1.052	.294
	exer	1.895	.349	.624		5.436	.000
	age	-.504	.095	-.617		-5.318	.000

	Mean	Std. Deviation	N
Predicted Value	99.63500	5.901584	200
Residual	.000000	10.341759	200

$\sum(y - \hat{y}) = 0$

$SS_{Reg}$

$SS_{Res}$

LIST /CASES = FROM 1 TO 2.

o cog age exer health prdc.he resc.he

	C	A	E	H	$\hat{Y}$	$Y - \hat{Y}$
1	101	40	20	3.7	94.50764	6.49236
2	100	26	20	4.0	102.41067	-2.41067

\*4. Strength and significance of unique contribution of health.  
 REGRESS /STAT = DEFAU ZPP CHANGE /DEP = cog /ENTER age exer /ENTER health.

Model	R	R Square	Change Statistics				
			R Square Change	F Change	df1	df2	Sig. F Change
1	.491	.241	.241	31.342	2	197	.000
2	.496	.246	.004	1.108	1	196	.294

$2.246 - 241$

$H_0: \rho_{CH,AE} = 0$   
 $>, <, \neq$

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	6810.622	2	3405.311	31.342	.000
	Residual	21403.733	197	108.648		
2	Regression	6930.910	3	2310.303	21.276	.000
	Residual	21283.445	196	108.589		
	Total	28214.355	199			

$SS_{C-AE} = 6930.910$   
 $SS_{C-AE} = 6810.622$   
 $SS_{CH,AE} = 120.288$   
 $r^2_{CH,AE} = \frac{120.288}{28214.355}$   
 $= .00426$   
 $\sqrt{\phantom{x}} = .065$

Model		Unstandardized Coefficients				Correlations		
		B	Std. Error	t	Sig.	Zero-order	Partial	Part
1	(Constant)	75.255	4.921	15.294	.000			
	age	-.563	.076	-7.375	.000	-.170	-.465	-.458
	exer	2.108	.284	7.428	.000	.179	.468	.461
2	(Constant)	66.246	9.872	6.711	.000			
	age	-.504	.095	-5.318	.000	-.170	-.355	-.330
	exer	1.895	.349	5.436	.000	.179	.362	.337
	health	2.839	2.698	1.052	.294	.352	.075	.065

$H_0: \beta_{CH,AE} = 0$   
 $>, <, \neq?$

$t_{CH,AE} = \frac{2.839 - 0}{2.698} = 1.052$   
 $\sqrt{\frac{108.589}{196}} = 14.921$   
 $P_{F_{CH}}$

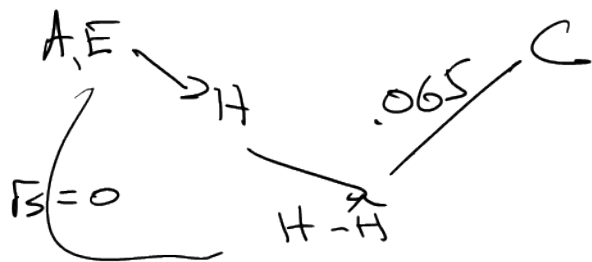
\*5. Calculate a residual health predictor to compute part r.  
 REGRESS /DEP = health /ENTER age exer /SAVE RESI(resh.ae).

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	8.987	2	4.493	59.324	.000
	Residual	14.921	197	.076		
Total		23.908	199			

$(1 - R^2_{H,AE}) SS_H$   
 $SS_H$

VARIABLE LABELS resh.ae ''.  
 CORR resh.ae WITH cog age exer.

	cog	age	exer
resh.ae	.065	.000	.000



\*6. Use the /FORWARD procedure to obtain a final equation.  
 REGRESS /VARI = cog TO health /DEP = cog /FORWARD.

See GOLF  
 Matrix  
 Pg 1

Model	Variables Entered	Variables Removed	Method
1	health	.	Forward (Criterion: Probability-of-F-to-enter <= .050)

Model	R	R Square
1	.352	.124

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	3504.520	1	3504.520	28.082	.000
	Residual	24709.835	198	124.797		
	Total	28214.355	199			

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	51.163	9.181		5.573	.000
	health	12.107	2.285	.352	5.299	.000

Model		Beta In	t	Sig.	Partial Correlation
1	age	-.091	-1.324	.187	-.094
	exer	.114	1.697	.091	.120

(h+a .187)  
(h+e .091) > .05

\*7. Use the /BACKWARD procedure to obtain a final equation.

\* Do the /FORWARD and /BACKWARD options produce the same final equation? Why?.

REGRESS /VARI = cog TO health /DEP = cog /BACKWARD.

Model	Variables Entered	Variables Removed	Method
1	health, exer, age	.	Enter
2	.	health	Backward (criterion: Probability of F-to-remove >= .100).

Model	R	R Square
1	.496	.246
2	.491	.241

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	6930.910	3	2310.303	21.276	.000
	Residual	21283.445	196	108.589		
2	Regression	6810.622	2	3405.311	31.342	.000
	Residual	21403.733	197	108.648		
	Total	28214.355	199			

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	66.246	9.872		6.711	.000
	age	-.504	.095	-.617	-5.318	.000
	exer	1.895	.349	.624	5.436	.000
	health	2.839	2.698	.083	1.052	.294
2	(Constant)	75.255	4.921		15.294	.000
	age	-.563	.076	-.690	-7.375	.000
	exer	2.108	.284	.695	7.428	.000

2.10

Model		Beta In	t	Sig.	Partial Correlation
2	health	.083	1.052	.294	.075

\*8. What do you think will happen with /STEPWISE? Why?

\* Perform the /STEPWISE analysis and compare to your expected outcome.

\* Change PIN and POUT to modify the outcome.

REGRESS /VARI = cog TO health /DEP = cog /STEPWISE.

Model	Variables Entered	Variables Removed	Method
1	health	.	Stepwise (Criteria: Probability-of-F-to-enter <= .050, Probability-of-F-to-remove >= .100).

REGRESS /VARI = cog TO health /CRIT = PIN(.10) POUT(.11) /DEP = cog /STEPWISE.

Model	Variables Entered	Variables Removed	Method
1	health	.	Stepwise (Criteria: Probability-of-F-to-enter <= .100, Probability-of-F-to-remove >= .110).
2	exer	.	Stepwise (Criteria: Probability-of-F-to-enter <= .100, Probability-of-F-to-remove >= .110).
3	age	.	Stepwise (Criteria: Probability-of-F-to-enter <= .100, Probability-of-F-to-remove >= .110).
4	.	health	Stepwise (Criteria: Probability-of-F-to-enter <= .100, Probability-of-F-to-remove >= .110).

Model	R	R Square
1	.352	.124
2	.370	.137
3	.496	.246
4	.491	.241

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	3504.520	1	3504.520	28.082	.000
	Residual	24709.835	198	124.797		
2	Regression	3860.425	2	1930.212	15.614	.000
	Residual	24353.930	197	123.624		
3	Regression	6930.910	3	2310.303	21.276	.000
	Residual	21283.445	196	108.589		
4	Regression	6810.622	2	3405.311	31.342	.000
	Residual	21403.733	197	108.648		
		28214.355	199			

Model		Unstandardized Coefficients		Standardized Coefficients		t	Sig.
		B	Std. Error	Beta			
1	(Constant)	51.163	9.181			5.573	.000
	health	12.107	2.285	.352		5.299	.000
2	(Constant)	45.684	9.692			4.714	.000
	health	11.343	2.318	.330		4.893	.000
	exer	.348	.205	.114		1.697	.091
3	(Constant)	66.246	9.872			6.711	.000
	health	2.839	2.698	.083		1.052	.294
	exer	1.895	.349	.624		5.436	.000
	age	-.504	.095	-.617		-5.318	.000
4	(Constant)	75.255	4.921			15.294	.000
	exer	2.108	.284	.695		7.428	.000
	age	-.563	.076	-.690		-7.375	.000

Model		Beta In	t	Sig.	Partial Correlation
1	age	-.091	-1.324	.187	-.094
	exer	.114	1.697	.091	.120
2	age	-.617	-5.318	.000	-.355
4	health	.083	1.052	.294	.075

#2 - Best Fit regression equation using all 3 predictors.

Extension of line 13 equation:  $\hat{Y} = b_0 + b_1x_1 + b_2x_2 + b_3x_3$

let  $x_1 = \text{health}$   $x_2 = \text{exe}$   $x_3 = \text{age}$   $Y = \text{Cog}$

get slopes from printout (unstandardized coefficients)

$$b_1 = 2.839 \quad b_2 = 1.895 \quad b_3 = -.504 \quad b_0 = 66.246$$

$$\text{So, } \hat{Y} = 66.246 + 2.839x_1 + 1.895x_2 - .504x_3$$

$$\begin{aligned} \text{try with first numbers: } \hat{Y} &= 66.246 + (2.839)(3.70) + (1.895)(20) - (.504)(40) \\ &= 66.246 + 10.5043 + 37.9 - 20.16 \\ &= 94.49 \end{aligned}$$

$$Y - \hat{Y} = 101 - 94.5 = 6.5 \rightarrow \text{squared} = 42.25$$

$$\hat{Y} - \bar{Y} = 94.5 - 99.635 = -5.135 \rightarrow \text{squared} = 26.368$$

$$\begin{aligned} \text{Second numbers: } \hat{Y} &= 66.246 + (2.839)(4) + (1.895)(20) + (-.504)(26) \\ &= 66.246 + 11.356 + 37.9 - 13.104 \\ &= 102.398 \end{aligned}$$

$$Y - \hat{Y} = 100 - 102.398 = -2.398$$

$$\hat{Y} - \bar{Y} = 102.398 - 99.635 = 2.763$$

#3 - Strength + Significance of overall

Get values from printout

$$\text{Line 14} - R^2 = \frac{SS_{\hat{Y}}}{SS_Y} = \frac{6930.910}{28214.355} = .2456 \approx .246$$

$$\text{Line 17} - F = \frac{MS_{\text{reg}}}{MS_{\text{res}}} = \frac{2310.303}{108.589} = 21.276$$

#### #4 - Strength and significance of unique contribution of health in predicting Cog

Formulas - Line 19-22

$$SS_{\text{change}} = SS_{Y.123} - SS_{Y.23} = 6930.910 - 6810.622 = 120.288$$

$$\text{or}$$
$$SS_{2.hae} - SS_{E.ae}$$

$$r^2_{\text{change}} = R^2_{Y(1.23)} - R^2_{Y.23} = \frac{SS_{\text{change}}}{SS_Y} = \frac{120.288}{28214.355} = 0.00426$$

$$\text{or}$$
$$R^2_{Y.123} - R^2_{Y.23} = .246 - .241 = .005 \text{ (rounding)}$$

$$\downarrow$$
$$r_{\text{change or } r_{\text{part}}} = \sqrt{.00426} = \pm .065$$

$$F_{\text{change}} = \frac{MS_{\text{change}}}{MS_{\text{res}}} = \frac{SS_{\text{change}}/1}{MS_{\text{res}}} = \frac{120.288}{108.589} = 1.1077$$

Could also do  $t_{by.123}$  and  $r^2_{Y.123}$  calculations, but would need to run a regression with age and exer as predictors of health, then use residuals

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#### #5 - residual health predictor to demonstrate part r,

We want the part of health that is unique; i.e. doesn't overlap with age or exer. Then we want to correlate that unique part of health with cog.

So, we get unique part of health by using the other 2 predictors (age and exer), and using residuals from that regression.

