## PHYS-3202 Homework 4 Due 19 Oct 2022

This homework is due to https://uwcloud.uwinnipeg.ca/s/4tyDmt9EEN2RgCy by 10:59PM on the due date. Your file(s) must be in PDF format; they may be black-and-white scans or photographs of hardcopies (all converted to PDF), PDF prepared by LaTeX, or PDF prepared with a word processor using an equation editor.

## 1. Average Energy

Consider a harmonic oscillator with mass m, spring constant k, and frequency  $\omega_0 = \sqrt{k/m}$  (and no damping). The motion of this system is described by  $x(t) = A\cos(\omega_0 t - \phi)$ , where A and  $\phi$  are constants.

- (a) Show that the period of oscillation is  $T = 2\pi/\omega_0$ .
- (b) Calculate the average kinetic energy over one period. Note that the time average of any quantity X over a time T is

$$\langle X \rangle = \frac{1}{T} \int_0^T dt \, X(t) \ . \tag{1}$$

*Hint:* first use the double angle formula to show that  $\langle \cos^2(\theta) \rangle = \langle \sin^2(\theta) \rangle = 1/2$ .

(c) Calculate the average potential energy over one period. How does it compare to the average kinetic energy?

## 2. Hanging Spring

Consider a mass m on a spring with potential energy  $kx^2/2$ , where x=0 is the equilibrium extension. Suppose the spring is hung from the ceiling (with x increasing downwards).

- (a) Write the potential energy as a function of x with the inclusion of gravity and find the new equilibrium point  $x_0$ .
- (b) Rewrite the potential energy in terms of  $y = x x_0$ . From the form of the potential energy only, argue that the motion of the hanging spring is harmonic oscillation around y = 0 and find the frequency of oscillation. Do not solve any differential equations just compare the potential energy you find to the potential energy of a harmonic oscillator.

## 3. Critically Damped Oscillator

Consider a critically damped harmonic oscillator with mass m, natural frequency  $\omega_0$ , and damping coefficient  $\alpha = \omega_0$ . The oscillator has initial conditions  $x = L, \dot{x} = 0$  at t = 0.

- (a) Find the solution x(t) for motion of the oscillator. Make sure to use the initial conditions to determine constants of integration.
- (b) Without using the solution for x(t), find the work done on the oscillator by the damping force from t = 0 to  $t = \infty$ . You may use the fact that  $x \to 0$  as  $t \to \infty$ .