

① Cases of Rigid Body Motion

- Some general comments

- Suppose we have a general origin with CM at \vec{R}
+ Angular momentum

$$\vec{J} = M \vec{R} \times d\vec{R}/dt + \vec{I}_{cm} \vec{\omega}_{cm}$$

where \vec{I}_{cm} and $\vec{\omega}_{cm}$ are the inertia tensor and angular velocity around center of mass.

Derivation is similar to parallel axis theorem

+ Kinetic energy

$$T = \frac{1}{2} M \left(\frac{d\vec{R}}{dt} \right)^2 + \frac{1}{2} \vec{\omega}_{cm} \cdot (\vec{I}_{cm} \vec{\omega}_{cm})$$

+ In both cases, we used that the position of a point on the body is

$$\vec{r}' = \vec{R} + \vec{r}$$

where \vec{r} = position relative to the center of mass

+ Motion splits into motion of a point-like object at center of mass plus body rotation

- In particular, the total force is

$$M \frac{d^2 \vec{R}}{dt^2} = \int dm \frac{d^2 \vec{r}}{dt^2} = \int d\vec{F}_{int} + \int d\vec{F}_{ext} = \vec{F}_{ext}$$

∴ Total external force gives acceleration of center of mass.

- Now consider an accelerating origin at position \vec{R}
w.r.t. an inertial origin

+ Inertial position $\vec{r}' = \vec{R} + \vec{r}$ an accelerating frame position
 \vec{r}_{cm} = center of mass position in accelerating frame

+ The angular momenta in the 2 frames are related by

$$\vec{J}' = M \vec{R} \times \frac{d\vec{r}_{cm}}{dt} + M \vec{r}_{cm} \times \frac{d\vec{r}}{dt} + \vec{J}$$

+ In the inertial frame, we have 2 expressions for torque via $\vec{\tau}' = d\vec{J}'/dt$
 Then (all forces external)

$$\vec{\tau}' = \int \vec{r}' \times d\vec{F}' = \vec{R} \times \vec{F}' + \int \vec{r}' \times \left(d\vec{F}' + dm \frac{d^2\vec{r}'}{dt^2} \right)$$

↑ fictitious

$$= \vec{R} \times \vec{F}' + M \vec{r}_{cm} \times \frac{d^2\vec{r}'}{dt^2} + \vec{\tau} \in$$

Note that $\vec{\tau}$ includes fictitious forces. The 1st term is just due to change of location of origin.

+ Meanwhile,

$$\frac{d\vec{J}'}{dt} = M \vec{R} \times \frac{d^2\vec{r}_{cm}'}{dt^2} + M \vec{r}_{cm} \times \frac{d^2\vec{r}'}{dt^2} + \frac{d\vec{J}}{dt}$$

b/c some cross terms cancel.

+ If we compare, $d\vec{J}'/dt = \vec{\tau}'$ still but only including fictitious forces in calculating the torque. Since the fictitious force is uniform and \propto mass, it acts as the center of mass for the torque calculation.

• Describing the motion from the rotating body frame:
Euler's equations

+ Once again, with respect to inertial axes,

$$\frac{d\vec{J}}{dt} = \vec{\tau} \in \text{external torque}$$

+ But if we use any body frame axes, like the principal axes, that's a rotating frame w/ angular velocity $\vec{\omega}$. In our previous notation

$$\frac{d\vec{J}}{dt} = \dot{\vec{J}} + \vec{\omega} \times \vec{J} = \vec{\tau}$$

These are Euler's equations

+ For a rigid body, the inertia tensor w.r.t the body does not change. In terms of the principal axes $\hat{e}_1, \hat{e}_2, \hat{e}_3$, we have

$$I_1 \omega_1 + (I_2 - I_1) \omega_2 \omega_3 = \tau_1$$

and permutations

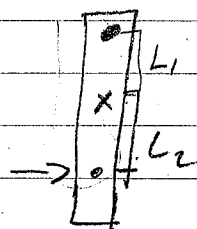
+ Can be difficult to use if torque is constant w.r.t fixed inertial axes

- More examples of planar motion

• "Baseball Bat Theorem"

+ An object can pivot around a point L_1 from the center of mass.

- A sharp force acts on the object at a different point L_2 from the center of mass. When is the force on the pivot zero?



+ As a result of the impulse, the momentum of the object immediately after the strike is $P = M v_{cm} = M L_1 \omega$, where ω = new angular velocity.

+ Meanwhile the impulse acts with a torque creating angular momentum $P(L_1 + L_2) = I \omega$ around the pivot, where I = moment of inertia.

+ Dividing these equations, we see

$$I = M L_1^2 + M L_1 L_2$$

for no force on the pivot. Using the parallel axis theorem, $I = I_{cm} + M L_1^2$ where I_{cm} is the moment around the CM. This yields

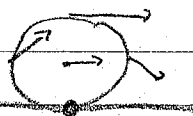
$$M L_1 L_2 = I_{cm}$$

as the condition on $L_1 + L_2$

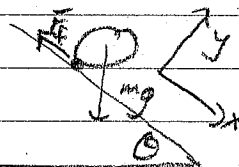
+ L_2 is the "center of percussion" for the pivot at L_1 . Baseball players call it the "sweet spot" to avoid having the bat exert force on their hands.

- Rolling with and without slipping for objects with a circular profile

+ Rolling is translational + rotational motion. + without slipping, the contact point is always instantaneously at rest w.r.t. the surface. This means the linear velocity $v = \omega R$, where ω is the angular velocity of the rotation + R the radius of the circular profile. There is static friction.



+ Ex: Rolling on a slope, center of mass as origin
Linear motion is determined by



$$M\ddot{x} = Mg \sin\theta - \mu_s Mg \cos\theta \text{ as usual.}$$

Meanwhile, in center of mass frame, torque from friction:

$$\text{So } I_{cm}\ddot{\omega} = \mu_s Mg \cos\theta R$$

(assuming the axis of rotation is principal)

But then $\omega = \dot{x}/R$, so

$$\ddot{x} = \frac{g \sin\theta}{1 + I_{cm}/MR^2}$$

+ Same thing, using the contact point as origin.
This time, the torque is

$$I_{cp}\ddot{\omega} = Rmg \sin\theta \quad v/I = I_{cm} + MR^2$$

Again, where x = center of mass position, $\dot{\omega} = \dot{x}/R$
We get the same answer.

+ Suppose the center of mass moves a distance x on the incline. What's the speed? Energy conservation:

$$mgx \sin\theta = \frac{1}{2} Mv^2 + \frac{1}{2} I_{cm} (v/R)^2$$

+ With slipping, there is kinetic friction: $v \neq \omega R$
 Consider the same example.

$$\ddot{x} = g \sin \theta - \mu_k g \cos \theta$$

$$\dot{\omega} = \mu_k M g R \cos \theta / I_{cm}$$

So ω and $v = \dot{x}$ have a constant ratio

- Force-free Motion = No torques

• Stability of rotation around a principal axis

+ Suppose the initial motion of a freely-rotating object is given by $\vec{\omega} = \omega_1 \hat{e}_1 + \omega_2 \hat{e}_2 + \omega_3 \hat{e}_3$ with $\omega_1, \omega_2 \ll \omega_3$ where \hat{e}_i are principal axes. Rotation mostly around \hat{e}_3

+ Since ω_1, ω_2 are small, neglect ω_1, ω_2 in Euler equations. They become

$$I_3 \dot{\omega}_3 \approx 0, \quad I_1 \dot{\omega}_1 = (I_2 - I_3) \omega_2 \omega_3, \quad I_2 \dot{\omega}_2 = (I_3 - I_1) \omega_1 \omega_3$$

+ So ω_3 is basically constant. By differentiating,

$$\dot{\omega}_1 \approx \frac{(I_3 - I_1)(I_2 - I_3)}{I_1 I_2} \omega_3^2 \omega_1$$

We guess a (complex) solution $\omega_1 = A e^{i\Omega t}$

We set

$$\Omega^2 = \frac{(I_3 - I_1)(I_2 - I_3)}{I_1 I_2} \omega_3^2$$

and ω_2 takes the same functional form.

+ If $I_3 > I_1, I_3 > I_2$ or $I_3 < I_1, I_3 < I_2$ (ie, largest or smallest moment), Ω is real. That means ω_1, ω_2 oscillate + stay small.

If $I_1 < I_3 < I_2$ or $I_1 < I_3 < I_2$ (I_3 is middle moment), Ω is imaginary, so ω_1, ω_2 grow.

+ In other words, rotation around the axis with largest or smallest moment is stable. The middle one is unstable.

If 2 moments have equal moments, rotation around them is unstable, but the other is stable (check).

• Free Rotation of a Symmetric Top (Totally rigid)

+ Consider a symmetric rigid body (top) with principal moments $I_1 = I_2 \neq I_3$ and I_3 . It has angular velocity $\vec{\omega} = \omega_1 \hat{e}_1 + \omega_2 \hat{e}_2 + \omega_3 \hat{e}_3$ in terms of principal axes

+ The Euler equations are

$$I_3 \dot{\omega}_3 = 0, \quad I_1 \dot{\omega}_1 = (I_1 - I_3) \omega_2 \omega_3, \quad I_1 \dot{\omega}_2 = (I_3 - I_1) \omega_1 \omega_3$$

We immediately see $\omega_3 = \text{const}$

+ We can define $\Omega = (I_3 - I_1) \omega_3 / I_1$, so

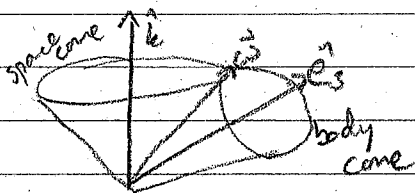
$$\dot{\omega}_1 + \Omega \omega_2 = 0, \quad \dot{\omega}_2 - \Omega \omega_1 = 0$$

+ We've seen this type of equation before (Lorentz force)
Answer is

$$\omega_1 = A \cos(\Omega t + \delta), \quad \omega_2 = A \sin(\Omega t + \delta)$$

+ Describe this motion: ω_1 and ω_2 describe circular motion in the plane of \hat{e}_1, \hat{e}_2 . Further, the magnitude is constant. This means $\vec{\omega}$ precesses around \hat{e}_3 with frequency Ω . $\vec{\omega}$ traces a cone called the body cone around \hat{e}_3

+ Alternatively, note that \vec{J} is conserved. Choose inertial axes so $\vec{J} = J \hat{k}$. Further, the conserved kinetic energy $T = \frac{1}{2} \vec{\omega} \cdot (\hat{I} \vec{\omega}) = \frac{1}{2} \vec{\omega} \cdot \vec{J}$, so the angle between $\vec{\omega}$ and \hat{k} is constant. $\Rightarrow \vec{\omega}$ precesses around \hat{k} also. Then $\vec{\omega}$ traces out a cone called the space cone around \hat{k}

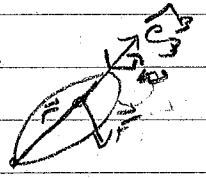


+ The earth's rotation is actually not lined up with its principal axis, so \vec{J} precesses like this. For the earth, $I_1 \approx I_3$, so Ω is small, leading to a ~ 300 day period. It's actually longer b/c earth is not quite rigid

- Precession from a Small Torque

- Consider a body rotating around an axis with 1 fixed point but otherwise free to rotate

+ To avoid free-body precession, assume the axis is principal axis \hat{e}_3 .
Further assume a small force \vec{F} acts at point \vec{r} on the axis.



+ Assuming the force is small, the motion of the axis will be slow compared to the rotation around the axis. \Rightarrow We can treat the motion as a slow change in direction of \hat{e}_3 (and $\vec{\omega}$) and not rotation around \hat{e}_1 or \hat{e}_2 .

+ The equation of motion is then

$$\frac{d\vec{L}}{dt} \approx I_3 \frac{d\vec{\omega}}{dt} = \vec{r} \times \vec{F}$$

Because $\vec{r} \parallel \vec{\omega}$, $\vec{\omega}$ changes direction only, \perp to \vec{r} !

+ Suppose the force is gravity $-Mg\hat{k}$.

The spinning object is a top or gyroscope.

If the center of mass is a distance R from the fixed point,

$$\vec{\omega} = \omega \hat{e}_3, \quad \vec{r} = R \hat{e}_3, \quad \text{so}$$

$$I_3 \omega \frac{d\hat{e}_3}{dt} = -MgR \hat{e}_3 \times \hat{k} \Rightarrow \frac{d\hat{e}_3}{dt} = \vec{\Omega} \times \hat{e}_3$$

where $\vec{\Omega} = (MgR/I_3\omega) \hat{k}$.

This is again precession around \hat{k} at frequency Ω .

+ Note that $\Omega \propto (I_3\omega)^{-1}$. Rapidly spinning, wide objects barely precess. This is why gyroscopes point in a fixed direction.

+ The sun + moon exert a torque on the earth due to its slightly oblate shape. This causes precession of the equinoxes with period ≈ 26000 years.