

## ① Natural Units

(36)

- You'll have noticed many factors of the speed of light  $c$  in all the examples, our formulas, etc
  - Examples: for any particle,  $p^0 = E/c$ ,  $p_\mu p^\mu = -m^2 c^2$   
 $E^2 = (mc^2)^2 + (\vec{p}c)^2$ , etc
  - We're using  $c$  as a unit conversion: putting all terms in the same dimensionality (i.e., everything an energy)
  - This is because we've largely been following SI units  
 $c_{\text{SI}} = 2.998 \times 10^8 \text{ m/s}$
- We can instead choose natural units where  $c=1$ .
  - Then length + time have the same dimensions  $[L] = [T]$
  - Similarly, energy, mass, momentum have the same units  
 $[E] = [p] = [m]$
  - Really simplifies things because you don't need factors of  $c$   
 $p_\mu p^\mu = -m^2$ ,  $E^2 = \vec{p}^2 + m^2$ , etc
  - If you need factors of  $c$  (for SI units, for example), you just insert them as required by dimensional analysis.